

Faith5 Reflection:

Name:

Date:

I participated in this conversation with...

1. Share- (share your highs and lows for the day)

Some Highs and Lows that we shared were:

2. Read- (read a short passage of scripture)

The Scripture we read was:

3. Talk- (how do you see the scripture you read relating to your highs and lows?)

What is one way you saw the scripture relating to someone's high or low?

4. Pray- (Pray for each other based on each other's highs and lows.)

One thing I prayed for was....

One thing someone prayed for me was...

5. Bless (You might choose something as simple as making a sign of the cross on each other's foreheads and saying "God bless you" or something that you've read or talked about might feel more appropriate, you get to direct this part.)

The words of our blessing were...

The sign of our blessing was...

Two more things:

A wise man once said, "Faith is caught more than it is taught."

What is something your parents have done recently that has shown you their faith?

At your age it can be hard to like your parents sometimes.

What is your favorite thing you've done as a family recently?